



News Release

Date: February 12, 2018

**POV Series with Community Conversations:
"Seven Songs for a Long Life"**

Saturday, February 24
11 a.m. - 1:30 p.m.

for adults and teens

Lacey Timberland Library



Please join us for the final film in our series of POV documentary screenings, to be followed by panel discussions and community conversations facilitated by Window Seat Media and the Lacey Timberland Library.

Our fourth and last film in this series is **"Seven Songs for a Long Life"** by Amy Hardie. Hospice care is rarely associated with singing and laughter, but at Strathcarron it's different. At this remarkable Scottish hospice center, patients face pain, uncertainty and the possibility of life's end with song and humor. Four years in the making, *Seven Songs for a Long Life* includes a hit parade of tunes belted out by patients and caregivers alike between reflections on life, love and mortality. Sinatra and R.E.M. have never been sung with more heart.

The film illuminates a journey we will all take eventually, and shows how the songs we love best can help guide us.



Official Selection of the 2016 SXSW Film Festival.

[Click to watch the trailer courtesy of PBS/POV](#)



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SEVEN SONGS FOR A LONG LIFE**

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Panelist Bios:

- **James D Selby (JD)** is currently employed with the Washington State Department of Social & Health Services as a Nursing Facility Case Manager. This position involves working with our elderly population during their stay in a nursing facility & identifying options for care. This includes working with older adults dealing with significant changes in health, functionality & mobility, decision-making, available supports, & end-of-life care. Previously JD spent 10 years as a Geriatric Social Worker at Mother Joseph's Care Center which incorporated his training as a Geriatric Mental Health Professional serving as a bridge between older adults & treatment professionals to identify after-care options.
- **Leeann Tourtillott** is a certified Advance Care Planning (ACP) Facilitator providing local Olympians with help completing advance care documents. She has helped with end of life care and done bereavement support work in our community for the last 12 years. She worked for Providence Hospice and served one year as interim minister for the Community for Interfaith Celebration (CIC). She also speaks to groups about ACP, leads ACP workshops and provides individual support to people completing ACP paper work. Leeann volunteers with youth, facilitating bereaved children programs and leading local natural history field trips.
- **Hilarie Hauptman** appreciates the opportunities she's had to be involved with end of life discussions through: a 14-year long end of life interfaith group, training as an Advance Care Planning (ACP) Facilitator, participating in a Jewish community national initiative through The Conversation Project, facilitating employee brown bag lunches and on a team to help persons with dementia/their families access advance care planning information.
- **Sandy Adams** leads the ACP Initiative for Providence Health and Services in Southwest Washington. ACP helps adults (1) consider healthcare they want in the future and (2) choose someone to make healthcare decisions if there is a time when they cannot communicate. Sandy provides ACP workshops and presentations, trains ACP facilitators, works within the health system to make ACP part of routine healthcare, and supports community activity to help individuals know about ACP and take personal action. She wants individuals to decide what healthcare they want and who can speak for them if they cannot. Completion of Advance Directives can help others know choices so that wishes are honored. Those choices can change, and individuals can update documents to reflect those changes.

All Timberland library programs are free and open to the public. The **Lacey Timberland Library** is located at 500 College St. SE. For more information, call the library at 360-491-3860 or visit TRL.org

Timberland Regional Library provides for the entertainment, information, and lifelong learning needs of Grays Harbor, Lewis, Mason, Pacific, and Thurston county residents at 27 community public libraries and six library service partner locations. The library system is funded mainly by local property taxes, timber tax, fundraising efforts of TRL Friends of the Library, and generous donations by individual supporters.

Anyone needing special accommodations to participate in a library's programs may contact the library one week in advance. For more information visit TRL.org

Timberland Media Contact:

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Please email if you cannot extract images and/or video, and need to receive them as email attachments (specify file format and size if required).



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