

**News Release** 

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If you cannot extract images and/or video, and need to receive them as email attachments, please call or email.

## **Parenting Workshops with Candyce Bollinger**

Popular South Sound parent educator and counselor shares timely and informative workshop series to support your family.



# Thursday Night Parenting Workshops with Candyce Bollinger

at the Olympia Timberland Library

#### September 7

7-8:30 p.m. - Positive Discipline

Learn about clear vision, goals, and techniques to facilitate healthy discipline.

### September 21

7-8:30 p.m. - Managing Your Parental Response

Presentation on being responsive and intentional vs. reactive.

#### October 19

7-8:30 p.m. - Anger

Helping parents understand anger, as well as learn tools to manage anger in themselves and their children.

All Timberland Programs are free and open to the public. The **Olympia Timberland Library** is located at 313 8th Ave SE. For more information, contact the library at (360)352-0595 or visit **TRL.org**.

Timberland Regional Library provides for the information, reading and lifelong learning needs of the Grays Harbor, Lewis, Mason, Pacific and Thurston county public at 27 community public libraries and six library service partner locations. The library system is funded mainly by local property taxes. Anyone needing special accommodations to participate in a library's programs may contact the library one week in advance.

CATALOG

LOCATIONS

EVENTS

RESEARCH







