



**NEWS RELEASE**

**Date:** February 27, 2018

**Parenting Your Teen:**

**Workshops with Candyce Lund Bollinger**

Thursdays, March 15 & 22

7- 8:30 p.m.

for adults

**Olympia Timberland Library**

These workshops with parent educator Candyce Lund Bollinger are for adults who parent, work with, or interact with teens.

Candyce is a parent educator and private parenting counselor in Washington State and has been practicing for over 35 years. She presents classes and consults for the courts, colleges, schools, civic groups, private organizations, as well as privately.



**March 15 - Communication**

Learn how to cultivate positive, constructive, communication with your teen.

**March 22 - Discipline**

Get a clear vision, common goals, and techniques to facilitate healthy discipline.

Sponsored by the [Friends of the Olympia Timberland Library](#).

\* This program will occur after the library closes and no other library services will be available.

All Timberland programs are free and open to the public.

The **Olympia Timberland Library** is located at 313 8th Ave SE.

For more information, contact the library at (360) 352-0595 or visit [TRL.org](#).

**Timberland Regional Library** provides for the entertainment, information, and lifelong learning needs of Grays Harbor, Lewis, Mason, Pacific, and Thurston county residents at 27 community public libraries and six library service partner locations. The library system is funded mainly by local property taxes, timber tax, fundraising efforts of TRL Friends of the Library, and generous donations by individual supporters.

Anyone needing special accommodations to participate in a library's programs may contact the library one week in advance. For more information visit [TRL.org](#)

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